Basics of Chronic Pain Management: Essentials for the Non-Pain Management Specialist



Enhancing Knowledge — Improving Care

Nearly 50 million Americans suffer from chronic pain. As the population ages, that number is likely to increase. Many patients seek help, not from pain specialists, but from primary care, emergency medicine, orthopedic, and other specialists. At the same time, opioid abuse is at epidemic levels, leading regulators and law enforcement to place increased scrutiny on the prescribing of pain medications. Against this backdrop, it is critical that all prescribers have a solid foundation in the basics of chronic pain management.

Basics of Chronic Pain Management is a one-day seminar that will help participants treat this growing population of patients with safety and confidence. It is taught by four physicians who share their unique expertise in prescribing controlled substances, medical and interventional pain management, and complementary and alternative medicine.

What is covered in this seminar?

- The epidemiology and pathophysiology of chronic pain
- Common conditions and best approaches to management
- Pharmacologic treatment, including analgesics (opioids and non-opioids) and adjunctive medications
- Non-pharmacologic treatment, including complementary and alternative therapies
- Interventional pain management: indications and options
- When to refer to a pain management specialist

Who should attend?

The seminar is designed for clinicians who manage or encounter patients with chronic pain, including physicians, physician assistants, and advanced practice nurses. It is not intended for pain management specialists.

What is the cost?

The fee for the seminar is \$550.

CME

This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint providership of Memorial Hospital UCHealth and CPEP. Memorial Hospital UCHealth is accredited by the Colorado Medical Society to provide continuing medical education for physicians.

Memorial Hospital UCHealth designates this live course for a maximum of 8.0 AMA PRA Category 1 Credits ™. Memorial Hospital UCHealth CME Committee, Planners and Faculty have no relevant relationships to disclose. Physicians should claim only the credit commensurate with the extent of their participation in the activity.