

# Prescribing Controlled Drugs

## *Critical Issues and Common Pitfalls*©



CPEP, in collaboration with the Vanderbilt Center for Professional Health, offers the highly regarded ***Prescribing Controlled Drugs: Critical Issues and Common Pitfalls*©** course. This course is designed to give participants the knowledge and skills to prescribe controlled substances with confidence, and to improve their systems for managing these patients.

Through the course, participants will learn appropriate prescribing practices, gain an understanding of personal motivations in the patient encounter as understood within the framework of family systems theory, discuss personal responsibilities with patients, and cultivate new skills in substance abuse identification. Participants have the opportunity to practice their new skills with simulated patients and receive individualized coaching from the faculty.

The course is taught by a multi-disciplinary team with expertise in prescribing controlled substances and identifying substance use disorders. The faculty include a physician, a psychologist, and a substance abuse counselor/family educator.

### **What will participants learn?**

Participants will:

- Receive current information on proper prescribing practices for controlled substances
- Understand how to implement SBIRT to identify potential chemical dependency
- Recognize risky prescribing practices and identify strategies to avoid them
- Gain an understanding of state prescription drug monitoring programs and how to use them
- Identify personal motivations in patient encounters

### **Who should attend?**

The course is appropriate for any healthcare professional who prescribes controlled substances. The course may be particularly helpful to professionals who wish to improve their comfort level and skills managing patients on chronic controlled substances (e.g. opioids, benzodiazepines, stimulants) and to professionals who have been cited for inappropriate prescribing, such as prescribing large quantities, prescribing for non-patients (e.g. family members or friends), or prescribing to patients with known histories of substance abuse.

**Fee:** The course fee is \$2,700.

**CME:** This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint providership of Memorial Hospital UHealth and CPEP. Memorial Hospital UHealth is accredited by the Colorado Medical Society to provide continuing medical education for physicians.

Memorial Hospital UHealth designates this live course for a maximum of 22.75 AMA PRA Category 1 Credits™. Memorial Hospital UHealth CME Committee, Planners and Faculty have no relevant relationships to disclose. Physicians should claim only the credit commensurate with the extent of their participation in the activity. We have determined this is not a conflict as the talk is about non opioid management.

For more information,  
visit the CPEP website at <http://www.cpepdoc.org>  
or call 303-577-3232