COURSE AGENDA Prescribing Controlled Substances 2020-2021

**Day One**

8:30 am  
Introduction and Logistics

8:45 am  
Course Overview: Review of Syllabus and Toolkit

9:10 am  
**Session 1 - Tension in the Physician’s World**

10:30 am  
BREAK

10:45 am  
**Session 1 Continued – Tension in the Physician’s World**

NOON  
LUNCH

1:00 pm  
**Session 2 - Controlled Prescription Drugs: The DEA and the Physician**

3:00 pm  
BREAK

3:15 pm  
**Session 3**  
*Shame & Guilt - The Power of Shame*

3:45  
**Session 4**  
*Part 1 – Understanding the Family System*

4:15 pm  
**Homework – Family Questionnaires/MBI/ACE/RSQ**  
2 hours of evening homework required – (Family Questionnaires, MBI, ACE, RSQ)

4:30 pm  
ADJOURN

**Day Two**

8:30 am  
**Session 4**  
*Part 2 – Understanding the Family System – How has the Past affected My Recent Behaviors? (small group discussion)*

10:15 am  
BREAK

10:30 am  
**Session 5**  
*Substance Use Disorders – Case Discussions*

12:00  
LISTENING LUNCH  
*The State Boards of Medical Examiners and Ten Way to Avoid Losing Your Medical License*

1:00 pm  
**Session 6**  
*Stages of Change/SBIRT & Motivational Interviewing*

2:45 pm  
BREAK

3:00 pm  
**Session 7**  
*Alcoholics Anonymous and the 12 Steps*
4:00 pm  **Session 8**  
*Assessments and Change - Homework*  
*Explanation and overview of MBI, ACE and RSQ Reports/Intend to Change/Consent Form*

4:30 pm  Discussion - Bridge Story

5:00  ADJOURN  
1 ½ hrs of evening homework required (Intend to Change)

**Day Three**

8:30 am  **Session 9**  
*Protecting You - Protecting Patients*

10:00 am  Break

10:10 am  **Session 10a**  
*Patient Interview Skills*

10:50 am  **Session 10b**  
*SBIRT Training Session/Role Play Exercise (small group activity)*

12:30 pm  Lunch - Complete Post Test

1:30 pm  **Session 11**  
*Continued-Intend to Change Exercise*

3:00 pm  Break

3:15 pm  Final Feedback Session  
Seminar Evaluation and CME Request will be distributed via email from SurveyMonkey. Send post-test to CPEP via email or fax.  
- [PCD@cpepdoc.org](mailto:PCD@cpepdoc.org)  
- 720-445-3830

4:30 pm  ADJOURN