



## *Improving Inter-Professional Communication: Working Effectively in Medical Teams*

### **Seminar Schedule**

#### **Day 1:**

4:30PM MT **Sign On**

5:00	Introductions/Seminar Schedule/Expectations
5:15	DiSC Behavior Profile: Insights in Effective Teaming
6:00	Action Plan
6:10	Motivation for Change: What's Your Why?
6:17	Small group discussion
6:25	Day 1 Wrap up.

#### **Day 2:**

7:30 AM MT **Sign On**

08:00	Day 2 Intro
08:05	Behaviors That Undermine Teams
08:20	Personal Stories
09:50	<b>Break</b>
10:05	Personal Stories
11:35	<b>Lunch Break</b>
12:20	Creating a Culture of Accountability
12:35	Case Study Small Group Discussion
12:50	Report Out: Case Study Lg Group Discussion
12:55	Team Culture: Working Effectively in Teams

1:10	<b>Break</b>
1:25	Managing Conflict: Working Effectively in Teams
1:40	Small Group Practice: Managing Conflict
2:10	Report Out: Conflict Lg Group Discussion
2:15	Effective Repair: Working Effectively in Teams
2:30	Small Group Practice: Repair
2:45	SCARF: Using Neuroscience to Work Effectively with Others
3:00	SCARF Practice/Case Scenario
3:10	Day 2 Wrap Up
3:15	Session end

### **Day 3**

7:30AM MT	<b>Sign On</b>
08:00	Day 3 Intro/Agenda
08:05	Bite Sized Resilience: Cultivating Wellbeing in Medicine
08:20	Practice: Mindfulness Awareness
08:35	Review Action Plan
09:35	<b>Break</b>
09:55	Review Action Plans
10:55	Evaluation/Questions
11:10	Close